



Alpha Mu...Sings...

The Delta Kappa Gamma Society International
Texas State Organization, Alpha Mu, Area V, Chapter 36
Serving Key Women Educators in Brownsville & Los Fresnos

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Greetings Alpha Mu Sisters,

I hope that all our members spent a memorable and lovely Easter with their family and friends. Each day is a new beginning and new hope. We are truly blessed having exceptional chapter members who have made every endeavor worthwhile.

Alpha Mu's Caps for Grads project was a huge success. A sincere thanks to Drue Brown for assisting with the orders and payment with Herff Jones. The counseling department at Rivera ECHS was phenomenal in selecting eight young ladies. The chapter donated five caps and gowns and thanks to Esmeralda Torres and Drue Brown for their additional generosity. The young ladies were extremely enthusiastic and grateful for their gift.

The Grant-In-Aid committee worked diligently to select a recipient for the 2022 award. We are incredibly proud to announce Giselle Santos as the 2022 Grant-In-Aid recipient. She was delighted to have been chosen for this award. On Monday, April 18, Committee Chair Shelly Alonso, Giselle's parents, her boyfriend, and I met at the Brownsville Event Center where Giselle Santos was presented with a \$500 check from Alpha Mu.

We are coming close to finishing this biennium, and this means membership dues are due by May 31. Our chapter treasurer, Linda Little, has done an amazing job sending out reminders. Wonderful news, over 50% of our members have already sent in their membership dues!

As we continue to take part on this "Journey" to growth, take every opportunity to do something positive for your life and for your membership in DKG! Wishing you much happiness during this spring season!

Your proud Alpha Mu President,
Norma Nelson

Mission Statement

The Delta Kappa Gamma Society International promotes professional and Personal growth of women educators



Vision Statement

Leading women educators impacting education worldwide

BUSINESS ZOOM MEETING—MAR. 22

We had another successful zoom meeting. Our guest speaker, Michelle Del Castillo-Davis, Counselor on the Go Training Programs, provided an excellent presentation on “Teaching during COVID.” She shared survey results of why many Texas Teachers are leaving the profession. The top four reasons were: intense workload, administrative issues, student behavior, and environmental stress. Due to the pandemic, our teachers have experienced additional duties and more stress. She provided valuable tips on how to manage stress. She also distributed two handouts, the Mental Health Self Care Wheel and the Box Breathing Method. She encouraged members to check their stress level by answering the online questionnaire. She may be reached via email at michelledcdavis@gmail.com, or by phone at 956-466-7556.

If you don't pick a day to relax, your body will pick it for you.

I have come to believe that caring for myself is not self-indulgent. Caring for myself is an act of **SURVIVAL**—
Audre Lorde

ALPHA MU DUES REMINDER

Please send your Alpha Mu dues to our Treasurer, Linda Little, by **Tuesday, May 31**. Method of payments include:

- CashApp, to \$nagn88. Please notify Norma Nelson.
- Zelle, to Norma Nelson at 956-455-0871 or
- Personal check, payable to DKG. Checks should be mailed to Linda Little, Chapter Treasurer, 717 Santa Ana, Rancho Viejo, TX 78575-9747
- Membership Dues: Active members is \$75, Active Retired is \$70, and Reserved is \$40.

Please notify Mrs. Linda Little by email at rlbkltl@cs.com, or via text at 956-497-8501 with the following information: method of payment as listed above, and the date transaction is completed.

DATES TO REMEMBER

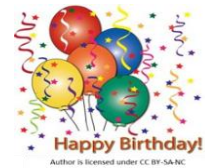
- April 19—Chapter Meeting via Zoom at 7:00 p.m.
- May 1—Five-Star Newsletters Deadline & Form 110 Report
- May 1—Form 110 Report of Chapter Officers Due
- May 24—Chapter Meeting at Cobbleheads at 6:00 p.m.
- May 31—Alpha Mu Dues
- August 27—Area 5 Workshop-Alice, TX, 8:00-1:00 p.m.

UPCOMING TEXAS STATE EVENTS

- 93rd Texas State Convention will be held in Lubbock, Texas, June 15-18, 2022.
- International Convention will be held in New Orleans, July 12-16, 2022.
- 94th Texas State Convention will be held in McAllen, Texas, June 14-17, 2023.

APRIL BIRTHDAYS

- Maria Gonzales, April 4



CHAPTER, STATE & GLOBAL WEBSITES

Stay up-to-date by checking Alpha Mu chapter's website! Also included are the state and global websites! See links below:

- <https://Dkgalphamu.weebly.com> (chapter website)
- <https://Dkgtexas.org> (state website)
- <https://Dkg.org> (global website)

CHAPTER CONTRIBUTIONS & HELP NEEDED FOR AREA 5 WORKSHOP

Items needed:

- Refreshments: Continental Breakfast, coffee, juice, water, paper goods
- Snacks: Grab-n-Go snacks to get everyone through the workshops
- VIP Gift Bags: At least one (1) item from each chapter for each bag. VIP will be gifted to State Personnel, Local VIP. This item may be significant to your chapter, your hometown, and it may be gift cards. Please provide useful items.
- Items for participant tote bags such as tissue, hand sanitizer, pen, notepad, chocolate candy, and cookies, etc.
- Door prizes: Three (3) gift cards of \$5.00 or more.
- Raffle items: Two (2) gift cards of \$5.00 or more.
- Help at refreshment table; distribute snacks to rooms before sessions begin.
- Volunteer at least one (1) member to be a facilitator to a presenter.



ALPHA MU OFFICERS 2020-2022

Norma Nelson – President
Melissa Saldivar, 1st Vice-President
Drue Brown, 2nd Vice-President
Letty Hernandez, Recording Secretary
Esmeralda Torres, Corresponding Secretary
Linda Little, Treasurer
Mary Sullivan, Parliamentarian

INCOMING OFFICERS 2022-2024

Linda Little – President
Graciela (Shelly) Alonso, 1st Vice-President
Sharlene Vazquez, 2nd Vice-President
Mary Ann Flores, Recording Secretary
Esmeralda Torres, Corresponding Secretary
Norma Nelson, Treasurer
Mary Sullivan, Parliamentarian

CAPS FOR GRADS

The Alpha Mu Chapter Project for 2021-2022 is **Caps for Grads!** The chapter will raise funds to provide caps and gowns for five BISD female students from **Rivera Early College High School** who do not have the money to purchase their own graduation cap and gown. This project will enable qualifying low-income students to participate in their high school graduation ceremonies. Our chapter will be coordinating this project with the senior counselors at Rivera E.C.H.S. The approximate cost of the graduation regalia per student is \$45.



CONGRATULATIONS TO OUR GRANT-IN-AID RECIPIENT

This year our Grant-in-Aid scholarship recipient is awarded to **Ms. Giselle Santos**. She is an education major at UTRGV. Our president, Norma Nelson and Scholarship Committee Chair, Graciela (Shelly) Alonso met with Ms. Santos and presented her with the \$500 scholarship check this month. Congratulations to Ms. Giselle Santos!



CONGRATULATION CAPS FOR GRADS RECIPIENTS

The Alpha Mu Chapter Project, Caps for Grads, presented regalia to **eight** BISD female students from **Rivera Early College High School** to participate in their high school graduation ceremonies. These ladies were delighted and grateful for their regalia gift! The chapter project provided five caps and gowns and two members, Drue Brown and Esmeralda Torres donated a total of three additional regalia! Special thanks to them for their support and generosity!



Left to Right, Norma Nelson, President, Sharlene Vazquez, Isabel Shea, Yesenia Gonzales, Michelle Hernandez, Miriam Guerrero Chagoya, Kate Aldrete, Kimberley Lester, Lizbeth Molina, Christina Gil, Drue Brown, Norma Jean Canales, Principal, and Graciela (Shelly) Alonso. Separate photo, Ms. Ashley Guidon, Caps for Grads recipient not shown in group photo on the left.



Left to Right: Kristina Garcia, Secretary, Graciela Suarez, Counselor, Sharlene Vazquez, Isabel Shea, Yesenia Gonzales, Michelle Hernandez, Miriam Guerrero Chagoya, Kate Aldrete, Kimberley Lester, Lizbeth Molina, Christina Gil, Graciela (Shelly) Alonso, Cindy Elizondo, Counselor, Norma Jean Canales, Principal and Norma Ponce, 12th grade principal.

APRIL TO-DO LIST

- Wake up with gratitude & joy
- Tell a joke that makes people laugh
- Take time to wind down before bed
- Spend time on a hobby
- Do a brain dump for mind clarity



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